

The Evaluation of facilities for the promotion of BS Physical Education and Sports at GC Peshawar



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Abstract: This research focuses on evaluating the facilities supporting the BS Physical Education and Sports Program at GC Peshawar, aiming to enhance the overall educational experience. The primary objectives include assessing the current state of facilities, identifying strengths and weaknesses, and evaluating intellectual resources. Through a comprehensive examination, this study aims to provide insights into the existing infrastructure, offering recommendations for improvement. By addressing both physical and intellectual aspects, the research seeks to contribute valuable information to enhance the quality of education and sports programs at GC Peshawar. The research design adopts a descriptive methodology with a quantitative approach. Data will be collected through a self-structured questionnaire survey. Statistical investigation of the quantitative data was conducted utilizing SPSS V 25 program, with comes about displayed in frequencies. Moreover, the findings aim to guide strategic enhancements in facilities, ensuring a conducive environment for the holistic development of students enrolled in the BS Physical Education and Sports Program at GC Peshawar.

Keywords: Facility Assessment, Physical Education, Sports Program, Infrastructure, Strengths and Weaknesses, Intellectual Facilities, Academic Resources, GC Peshawar

Introduction

The important role of physical education and sports in the overall development of the person is generally accepted in the educational paradigm. In the context of Peshawar Government College, this study aims to make a comprehensive assessment of the facilities available for the promotion of physical education and sports. Understanding the historical trajectory of these projects is crucial to understanding today's landscape and developing strategies to enhance their growth. Peshawar

Government College's history of sports and physical education is rich in evolution and reflects the institution's commitment to producing good human beings. By delving deeper into this history, we can identify key moments, key moments and influences that shaped the school's philosophy of physical education and sport.

The reason for this overall assessment stems from the belief that physical education goes beyond physical activity; It is important for intellectual development, character

development, discipline and cooperation. We want to understand the origin of these works by examining the historical context, which gives us a deeper understanding of the current state of the sites. In essence, this study aims to gain a deeper understanding of how the past influences the present of physical education and sports at Peshawar Government College.

The verifiable foundation of sports and actual training at Government School Peshawar is set apart by a rich embroidery of development, mirroring the establishment's obligation to sustaining balanced people. Digging into this verifiable excursion permits us to distinguish crucial minutes, huge achievements, and compelling elements that have formed the foundation's way of thinking towards actual instruction and sports.

The reasoning for undertaking this extensive evaluation originates from the conviction that actual schooling rises above simple actual wellness; it is a fundamental impetus for mental turn of events, character building, and cultivating a feeling of discipline and collaboration. By fundamentally looking at the verifiable setting, we plan to remove experiences into the beginning of these projects, driving us to a more profound comprehension of the present status of offices.

Generally, this study looks to lay out a nuanced comprehension of what the verifiable scenery has meant for the current scene of actual instruction and sports at Government School Peshawar. This figuring out fills in as a urgent preface to the ensuing sections, where a fastidious assessment of existing offices will be led. By establishing our evaluation in the verifiable advancement and fundamental reasoning, we seek to contribute definitively to the continuous talk on enhancing the actual training and sports insight for the understudies of Government college Peshawar.

Besides, a far reaching sports program has been displayed to impact scholastic execution decidedly. Participating in proactive tasks has been connected to worked on mental capability, better scholastic accomplishment, and a decrease in non-attendance. Hence,

understanding the effect of existing offices on scholastic results becomes basic for teachers and policymakers.

Generally, this exploration dives into the nuanced layers of the meaning of assessing actual instruction and sports offices at Government School Peshawar. By completely investigating the diverse advantages these offices bring, the review tries to direct instructive organizations in upgrading their assets to establish a climate that succeeds in scholarly pursuits as well as molds balanced people ready for the difficulties representing things to come.

1.1 Research questions

1. The current classrooms and lecture halls are well equipped for the BS Physical Education and Sports Program.
2. Sufficient numbers of classroom available for BS Physical Education and Sports Program.
3. The availability of sports equipment and resources are sufficient for the BS program
4. Government College Peshawar have sufficient financial resources to run BS Physical Education and Sports Program.
5. There are at least two PhD faculty members available at the Physical Education and Sports department to run the Program.
6. Sufficient teaching faculty available for teaching in BS Program.
7. The maintenance and cleanliness of the facilities are up to the mark.
8. The current facilities adequately support theoretical aspects of program.
9. Each classroom is equipped with tablet chairs and whiteboard facilities.
10. Multimedia facilities are available in the classrooms.
11. Books recommended in the syllabus are available in the college library.
12. Every student have the access to use the available sports gear.
13. Blood Pressure measuring instrument

available in the Physical Education and Sports Program department.

1.2 Hypothesis

- Assess the current state of facilities for the BS Physical Education and Sports Program at GC Peshawar.
- Identify the strength and weakness of the existing facilities at GC Peshawar.
- Assess the current intellectual facilities for the BS Physical Education and Sports Program at GC Peshawar.

REVIEW OF LITERATURE

Smith et al. (2018) highlight the profound significance of well-designed sports facilities in the success of physical education programs. Complete facilities, such as courts, gymnasiums, and playing fields, are available to support the development of skills and create an atmosphere that promotes participation. This assessment will carefully go at the infrastructure of Government College Peshawar, seeing if it adheres to these ideals and pointing out any possible improvements. According to the Smith et al. study, students' whole experience is directly impacted by the design and caliber of sports facilities, which in turn improves their physical and emotional health. In order to guarantee that the facilities offer the best conditions for students' overall development (such as mental development, emotional development, physical development, organic development etc) an assessment of Government College Peshawar's infrastructure is necessary. In order to give students the chance to participate in sports and physical activities, which improves their overall development, mental health, and physical fitness, facilities are crucial (Hebert, 2015). Well-designed facilities can improve students' motivation, engagement, and performance in physical education and sports programs, Gómez-López et al. (2017). Participant resilience, self-worth, and confidence have all been associated with access to sports facilities, especially for younger populations.

Multi-functional facilities offer opportunities for community engagement through recreational

programs, events, and outreach initiatives. Collaboration between educational institutions, local authorities, and sports organizations maximizes the utilization of facilities, benefiting the broader community.

METHODOLOGY

Researcher has applied the quantitative approach of methodology to find out the "Evaluation of Facilities for the promotion of BS Physical Education and Sports Program at GC Peshawar". Data was collected from BS HPE all semesters class students (1st semester, 3rd semester, 5th semester and 7th semester students) with the help of self made questionnaire. The collected data was analyzed to find and achieve the objectives of the study.

The following research employs a quantitative approach to investigate the evaluation of facilities for the promotion of BS Physical Education and Sports Program at GC Peshawar. This methodology outlines the systematic process undertaken to collect, analyze, and interpret data from students from different classes via a structured questionnaire. The aim was to identify specific challenges faced by the physical education and sports program at Government College Peshawar, and also to develop a deeper understanding of how enhancing this program can contribute to overall student development, physical fitness and potentially community well-being. It can also explore the impact on student's academic performance, highlighting the broader role of sports education in educational institutions.

• Population

The inhabitants of this study were selected HPE department of GC Peshawar. It was consist of 119 students enrolled in the BS Physical Education and Sports Program at GC Peshawar. All (1st semester, 3rd semester, 5th semester and 7th semester) students were used for data collection. Out of 119 students only 93 students data was collected through self-made questionnaire. These all students were taken as sample size, No sample technique was used. The data collected from all the Population through self made questionnaire.

- **Data Collection**

Data was collected from BS HPE students of Government College Peshawar through a self structured questionnaire of 5 point likerts scale.

SPSS V 25 software for statistical analysis was used to examine quantitative data.

Findings

TABLE OF QUESTIONNAIRE

- **Data Analyzing**

Sportsman n= 61 Non-Sportsman n= 32		A (%)	SA (%)	UD (%)	D (%)	SD (%)
The current classrooms and lecture halls are well equiped for the BS Physical Education and Sports Program.	Sportsman	27.8	6.6	31.2	26.2	8.2
	Non-sportsman	46.9	9.4	3.1	37.5	3.1
Sufficients numbers of classroom available for BS Physical Education and Sports Program.	Sportsman	47.6	9.8	9.8	16.4	16.4
	Non-sportsman	28.2	18.7	12.5	18.7	21.9
The availability of sports equipment and resources are sufficient for the BS program.	Sportsman	11.4	8.2	36.1	19.7	24.6
	Non-sportsman	21.8	9.3	9.4	43.8	15.7
Government College Peshawar have sufficient financial resources to run BS Physical Education and Sports Program.	Sportsman	29.5	4.9	26.2	23	16.4
	Non-sportsman	18.7	6.3	25	37.5	12.5
There are at least two PhD faculty members available at the Physical Education and Sports department to run the Program.	Sportsman	34.4	54.1	3.3	0	8.2
	Non-sportsman	34.4	53.1	3.1	3.1	6.3
Sufficient teaching faculty available for teaching in BS Program.	Sportsman	27.9	14.8	42.6	13.1	1.6
	Non-sportsman	46.9	31.2	9.4	9.4	3.1
The maintenance and cleanliness of the facilities are up to the mark.	Sportsman	8.2	4.9	50.8	24.6	11.5
	Non-sportsman	18.7	3.1	34.4	25	18.8
The current facilities adequately support theoretical aspects of program.	Sportsman	44.2	8.2	32.8	4.9	9.8
	Non-sportsman	25	0	50	6.2	18.8
Each classroom is equipt with tablet chairs and whiteboard facilities.	Sportsman	46	11.4	46	29.5	4.9
	Non-sportsman	2	25	56.2	9.4	6.3
Multimedia facilities are available in the classrooms	Sportsman	8.2	3.3	8.2	47.5	32.8
	Non-sportsman	0	9.4	9.4	31.2	50
Books recommended in the syllabus are available in the college library.	Sportsman	5	5	8.1	47.5	34.4
	Non-sportsman	12.5	0	6.2	25	56.3
Every student have the access to use the available sports gear.	Sportsman	32.7	5	5	21.3	36
	Non-sportsman	18.8	0	6.3	31.2	43.7
Blood Pressure measuring innstrument available in the Physical Eduction and Sports Program department.	Sportsman	1.6	1.6	44.3	19.7	32.8
	Non-sportsman	9.4	0	6.3	40.6	43.7

Analysis: Data analysis in research refers to the systematic examination and interpretation of raw data to extract meaningful insights, draw conclusions, and inform decision-making. It is a crucial phase in the research process, involving the application of statistical and computational techniques to transform data into actionable information. Researchers use various methods, such as descriptive statistics, inferential statistics, and data visualization, to identify patterns, trends, and relationships within the collected data.

The primary goal of data analysis is to uncover patterns and trends that can help answer research questions or test hypotheses. It involves cleaning and organizing the data, performing statistical tests, and presenting findings in a clear and interpretable manner. The results of data analysis contribute to the validity and reliability of research findings, enabling researchers to make informed conclusions and contribute to the advancement of knowledge in their respective fields. Effective data analysis is essential for drawing meaningful conclusions and making evidence-based decisions in research.

CONCLUSION

The conclusion of the study is based on the information collected from the respondents of the study i.e. "Evaluation of facilities for the promotion of BS Physical Education and Sports Program at GC Peshawar". On the basis of analysis of the data, most of the students (Sportsman/non-Sportsman) were in favor of the statement the current classrooms and lecture halls are well equipped for the BS Physical Education and Sports program. The finding shows that most of the students (Sportsman/non-Sportsman) were also in the favor of the statement sufficient numbers of classroom available for BS Physical Education and Sports program. The result shows that majority of the students (Sportsman/non-Sportsman) were not in the favor of the statement the availability of sports equipment and resources are sufficient for the BS program. According to the data collected from the students Government College Peshawar does not have sufficient financial

resources to run BS Physical Education and Sports Program.

Almost all the students (Sportsman/non-Sportsman) were agreed that there are two PhD faculty members available at the Physical Education and Sports department to run the Program. The findings show that according to students review sufficient teaching faculty available for teaching in BS Program.

Oftenly students (Sportsman/non-Sportsman) were not satisfied with the maintenance and cleanliness of the facilities. Existing facilities adequately support theoretical aspects of program, Each Classroom equipped with tablet chairs and white board facilities.

Almost all the students (Sportsman/non-Sportsman) were Disagreed with the statement multimedia facilities available in the classrooms. Books recommended in the syllabus not available in the college library. Most of the students (Sportsman/non-Sportsman) disagreed with the statement every student have the access to use the available sports gear, The result shows the absence of blood pressure measuring instruments in the department.

RECOMMENDATIONS

- The result shows that the existing classrooms and lecture halls are well equipped for BS Physical Education and Sports program. Therefore, invest more in upgrading classrooms, lecture halls and sports facilities to enhance the needs of the BS Physical Education and Sports program.
- Explore alternative financial resources to enhance the BS Physical Education and Sports Program.
- Provide further training and support for faculty members, especially in specialized areas like sports sciences, to enhance the quality of education.
- Implement a strict maintenance schedule and cleanliness protocol to upkeep facilities regularly.
- Consider investing in multimedia facilities for classrooms to enhance the learning

experience.

- Ensure that recommended books in the syllabus which are related to HPE are made accessible in the college library.
- Provide more access to sports gear for every student to support their practical training.
- Consider acquiring blood pressure measuring instruments for the department to enhance health assessments.
- Conduct regular surveys or feedback sessions to stay informed about students' evolving needs and concerns.

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